

# SPIDERMAN

- **Parent Participation (1-3 years old)**
  - **Adventures**
    - Swing like Spiderman - Rings and Trapeze Bars
    - Spidey's Superhoops
    - Spiderman's Super Stairs
    - The Amazing Spiderman's Amazing Mazes
    - Walk the Web - Airport or Intersection
    - Superhero Training - Obstacle Course Adventure
  - **Big Deals** (paired with swing/ring time, adventure, or skill stations)
    - Spidey Spaceflight
    - Green Goblin's Demolition Derby
    - Web Shooter - Shoot the Cannon
  - **Song/Dance/Games**
    - Itsy Bitsy Spider
    - Clean the City - Clean Your Room
    - Spidey Says - Red Light/Green Light
    - What Time is it Spiderman? - Mr./Ms. Fox
    - Doc-Ock's Windy Weather - Big Breeze or Windy Weather
    - Heroes vs. Villains - Over the Net (can have parents vs. kids!)
  - **Skill Stations**
    - "Spiderman Skills" (Announcements can reference hanging, swinging, and climbing like Spiderman - either training for or pretending to save the city!)
      - Rock Wall or Stall Bars
      - Hanging Rope (younger - gyms)
      - High Bar (younger - gyms)
      - Rings (Younger - gyms/tots: hang and swing, skin the cat)
      - Trapeze/Cherry Drops (younger - gyms)
      - Ladder Skills - Firefighter's Ladder (younger - gyms)
- **Independent (4-10 years old)**
  - **Relays/Games**
    - Spiderman Relay - Gym Cart Relay/Gym Cart Spiderman laying on stomach using hands and feet to move like a spider
    - Villain in the Walls - Monster in the Walls

- Spidey Splat Relay - Wedge Mat Splat
- Superhero Freeze Game - Museum Game
- Superhero Target Practice (/webshooter target practice)
- Web Tangle - Arm Tangle
- Green Goblin's Fun House - Maze Relay
- Superhero Training - American Gladiators
- Heroes vs. Villains - Over the Net
- Superhero Skill Freeze Game
- What Time is it Spiderman? - Mr./Ms. Fox
- Spidey Senses - Dodge Ball/Mobile Dodge Ball
- Building Leap Relay - Wedge Mat Relay
- Spidey VS. Green Goblin - King of the Hot Dog
- Clean the City - Clean Your Room
- Spidey Says - Simon Says
  
- **Major Obstacles/Skill Stations** (Announcements can reference swinging and climbing like Spiderman - either training for or pretending to save the city!)
  - Spidey Flips - Cherry Drops (older - ninja jr.)
  - Ladder Skills - Ladders (older - ninja jr.)
  - Web Crossing
  - Flying Ladder
  - Spider Jump
  - Broken Bridge
  - Scale the Building - Hop The Fence, Ladder Walls, Warped Wall/Castle Warped Wall
  - Spiderman Agility Course - MAJOR OBSTACLE: The Spidey; MINOR OBSTACLES: Hanging Rope, Quad Steps
    - Can also make your own obstacle course using Ninja obstacles/gymnastics skills from weekly curriculum for convenience!