

WADDLERS

(12-20 MONTHS)

ACHIEVEMENT PROGRAM

Your little one is officially on the move – and we’re here for every wobbly step and giggle. This class is all about exploring the world (and their own abilities) in a safe, fun space with you by their side.

What is my Waddler learning?

This is where your toddler becomes brave – trying new things, moving their body, and making sweet first friendships. Each class blends movement and connection to build strength, confidence, and early independence. It may look like “just fun” (and it totally is!), but every bit of curriculum is packed with purpose.

Here’s what they’re working on:

- *Gross motor skills* through climbing, balancing, tumbling, and swinging
- *Cognitive growth* with songs, repetition, puppet shows, and early language
- *Social-emotional development* through group play, connection, and interaction

MONTHLY FOCUSES:

Each month, we spotlight 2 Body Focuses and 1 Mind Focus—so your child is always growing in new and exciting ways.

Body Focuses

We focus on big movement skills that matter – like coordination, core strength, and body awareness – so your child can move with confidence in (and out of) the gym!

Mind Focuses

Through play, your child will build important skills, such as language, problem-solving, and social connection – all in a way that feels natural and fun!

💡 Fun fact: You’ll hear more specifics about the focuses in class each week, and also in a monthly email!

IN EVERY WADDLERS CLASS:

Your child will:

- ✓ Strengthen their body through fun and purposeful play
- ✓ Build confidence as they try new things in a safe, supportive space
- ✓ Practice social interaction with peers and teachers
- ✓ Experience joy and pride in every small win (We’ll be cheering right along with you!)

From puppet shows, bubbles, and songs to slides, swings, and skill-based “Adventures,” every class is packed with fun and designed to meet your toddler right where they are.

YOUR ROLE:

You’re still their safe place – but you’ll start to see little sparks of independence shine through.

- Stay close as they explore (they’ll peek back for your smile!).
- Join in on the songs, games, and movement to model connection.
- Celebrate every win – your encouragement means *everything*.



WATCH US
IN ACTION

