

# TINY TYKES

(3-12 MONTHS)

## ACHIEVEMENT PROGRAM

Your baby's first year is full of "firsts" – first smiles, first rolls, and moments you can't believe came so soon. This class gives you a front-row seat to those milestones while helping your baby build the skills needed for crawling, walking, and beyond.

You'll bond through songs, movement, and play while our teachers guide activities that strengthen muscles, boost brain development, and nurture connection. And, because parenting in the first year is better with a village, you'll have the opportunity to connect with other parents who get it.

### What is my Tiny Tyke learning?

Your baby is growing fast – gaining new strength, coordination, and awareness every week. Each class blends gentle exercises, purposeful movement, music, and sensory play to encourage whole-child development. It's all fun and giggles, but every bit of curriculum is carefully designed to support early milestones.

Here's what they're working on:

- *Motor skills* through tummy time, rolling, supported sitting/standing, grasp-and-release activities, and early hand-eye coordination
- *Cognitive growth* through songs, dances, repetition, and sensory exploration
- *Social-emotional development* through parallel play, imitation, and bonding moments

### MONTHLY SPOTLIGHTS:

Each month, we'll highlight one key area of development in our parent email so you can watch for (and celebrate!) your infant's amazing progress.

#### Movement & Strength

From tummy time and core strength to balance and coordination, we help support your baby's growth so they become stronger and more confident each week.

#### Mind & Connection

Through sensory play, songs, and bonding activities, your baby builds focus, trust, and early social skills – all while feeling safe and connected with you.

### IN EVERY TINY TYKES CLASS:

#### Your child will:

- ✓ Strengthen muscles and coordination through gentle, guided movement
- ✓ Boost curiosity through sensory play
- ✓ Build a foundation for milestones like crawling, walking, and first words
- ✓ Experience bonding moments with you that support emotional security

From soft play exploration and guided skill stations to music, group activities, and parallel play, every class is filled with moments you'll want to capture and remember.

### YOUR ROLE:

In these early months, you are their whole world. Your smile, your voice, and your encouragement make every moment in class feel safe and exciting.

- Be present in every song and movement – your energy matters.
- Keep eye contact and chat with your baby during activities.
- Celebrate every little "first" – your joy helps their confidence grow.



WATCH US  
IN ACTION

