

# TERRIFIC TOTS

(2½-3½ YEARS)

## ACHIEVEMENT PROGRAM

Your little one is growing, learning, and becoming more independent every day, and this class is the perfect bridge between parent participation and independent learning. While you're still close by, our teachers gently encourage your child to take on challenges, follow directions, and engage with their peers more confidently. It's all about building the skills (and self-assurance) they'll need for preschool and beyond – while keeping it playful, positive, and fun.

### What is my Terrific Tot learning?

At this stage, your child is ready for bigger physical challenges and more complex group activities. Each class blends purposeful movement, structured games, and playful connection to support their whole development – physically, socially, and emotionally. It may look like “just fun” (and it totally is!), but every bit of curriculum is designed to help your child grow in confidence, strength, and independence.

Here's what they're working on:

- *Gross motor skills* through balancing, climbing, tumbling, and jumping
- *Cognitive growth* through repetition, problem-solving, and following simple steps on their own
- *Social-emotional development* through peer play, taking turns, and group activities

### MONTHLY FOCUSES:

Each month, we spotlight 2 Body Focuses and 1 Mind Focus—so your child is always growing in new and exciting ways.

#### Body Focuses

We focus on big movement skills that matter – like coordination, core strength, and body awareness – so your child can move with confidence in (and out of) the gym!

#### Mind Focuses

Through play, your child will build important skills like language, problem-solving, and social connection – all in a way that feels natural and fun!

💡 Fun fact: You'll hear more specifics about the focuses in class each week, and also in a monthly email!

### IN EVERY TERRIFIC TOTS CLASS:

#### Your child will:

- ✓ Burn energy in a safe, positive way that builds real skills
- ✓ Strengthen their body through fun, purposeful play
- ✓ Build confidence while learning to try activities more independently
- ✓ Practice following directions, taking turns, and engaging with peers
- ✓ Experience joy and pride in every small win

From singing and dancing to skill-based games and activities, puppet shows, and the ever-exciting “Surprise Time,” every class keeps your energetic toddler engaged, learning, and having a blast.

### YOUR ROLE:

**You're still their safe place – but you'll start to see little sparks of independence shine through.**

- Stay close as they explore and encourage them to try new challenges.
- Join in on the songs, games, and movement to model participation.
- Celebrate every milestone – your support builds their courage for the next stage.



**WATCH US  
IN ACTION**

